

SPECIMEN PAPER

UNIT 6 - EXPLORING THE WORLD OF SPAS



Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										



Level 3 Diploma Principal Learning
Specimen Paper

Hair and Beauty Studies

HAB3U6

Unit 6 Exploring the world of spas

Date Time

You will need a ruler and pencil.
You may **not** use a calculator.

Time allowed

- 2 hours

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer questions in the spaces provided.
- If there is not enough space for your answer(s), use the extra page(s) at the end of this book. If you do this, make sure that you show the number(s) of the question(s) you are answering.

Information

- The maximum mark for this paper is 90.
- The marks for questions are shown in brackets.
- You are reminded of the need for good English and clear presentation in your answers.

For Examiner's Use	
Examiner's Initials	
Question	Mark
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20	
TOTAL	



Answer **all** questions.

1 Give **four** reasons why Greek spas were used.

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(4 marks)

2 In the UK what is a health farm and what is its purpose?

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(3 marks)

3 Explain **two** differences in the concept of a British hotel spa and a French health farm.

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(4 marks)

4 Analyse how the following have influenced the growth and popularity of the spa industry:

- therapeutic effects
- lifestyle

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(4 marks)

5 (a) Identify **three** jobs in the health care industry that link to the spa industry.

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(3 marks)

5 (b) Explain how **one** of the links given in 5a makes the industries interdependent with each other.

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(3 marks)

6 Give **two** advantages and **two** disadvantages of the psychological effectiveness of spa therapies.

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(4 marks)

7 Describe the ideal ambience of a spa in the UK.

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(4 marks)

8 Describe how the following regulations impact on spa operators:

- Control of Substances Hazardous to Health Regulations
- Manual Handling Operations Regulations

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(6 marks)

9 Describe the role of Habia in setting standards for the spa industry.

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(2 marks)

10 Explain the client benefits of the following spa treatments:

10 (a) non-surgical facial procedures

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(3 marks)

10 (b) weight management

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(3 marks)

11 Explain the importance of the therapeutic relationship between aromatherapy and reflexology.

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(6 marks)

12 Compare the healing principles of the following:

- energy field
- aromatherapy.

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(5 marks)

Turn over ►

13 A leisure centre plans to open a spa therapy department and has a budget to employ two members of staff. Identify **two** job roles related to the spa therapy sector that would complement the leisure centre.

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(2 marks)

14 Give **two** examples of where to find information on different careers in the UK spa industry.

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(2 marks)

15 Identify the vocational level of qualifications the following job roles will require:

Aromatherapist

Manicurist

(2 marks)

16 Describe **three** career links that the spa industry has with the hospice sector.

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(6 marks)

17 List **four** reasons why the spa industry has career potential.

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(4 marks)

18 Analyse how the UK spa industry differs from a traditional European spa.
Use the following factors to draw conclusions:

- training and qualifications
- client care
- hygiene

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(6 marks)

20 Produce a graph or a chart that categorises the following treatments into complementary therapies, beauty therapy and other services:

- manicure
- pedicure
- reflexology
- flower remedies
- cut and blow-dry
- tanning
- aromatherapy
- Indian head massage

(6 marks)

END OF QUESTIONS