

SPECIMEN PAPER

UNIT 6 - WORKING WITH SPECIFIC POPULATIONS IN SPORT AND ACTIVE LEISURE



Sport and Active Leisure

SAL1 U6

Unit 6 Working with specific populations in sport and active leisure

You will need no other materials.
You may **not** use a calculator.

Time allowed: 1 hour

Instructions

- Use a blue or black ink or ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- Answer the questions in the spaces provided.
- If there is not enough space for your answer(s), use the extra page(s) at the end of this book. If you do this, make sure that you show the number(s) of the question(s) you are answering.

Information

- The maximum mark for this paper is 48.
- The marks for questions are shown in brackets.
- You are reminded of the need for good English and clear presentation in your answers.

For Examiner's Use			
Question	Mark	Question	Mark
1		6	
2			
3			
4			
5			
Total (Column 1) →			
Total (Column 2) →			
TOTAL			
Examiner's Initials			

Answer all questions in the spaces provided.

Q1. Complete the table with **two** different ways that specific populations can be identified in the context of the sport and active leisure industry and provide an appropriate example of a specific population for each. One example answer is provided.

	State how specific populations can be identified in the context of the active sport and leisure industry	Appropriate example of a specific population
Example	By finding out which type of people are covered by GP Exercise Referral Schemes	People with weight problems
i		
ii		

(4 marks)

Q2. Give **two** key reasons why it is important that specific populations are recognised in sport and active leisure activities.

i) _____

ii) _____

(4 marks)

Q3. Outline **two** key implications of equality and diversity legislation for sport and active leisure organisations.

i) _____

ii) _____

(4 marks)

4. People with weight problems have been identified as a specific population that would benefit from taking part in sport and active leisure activities. A significant number of children and young people from low income families have weight problems.

Q4a. State **two** needs of teenagers who have weight problems from low income families

i) _____

ii) _____

(2 marks)

Q4b. Water based outdoor adventure is a **type** of active sport and leisure activity. White water rafting is an **example** of a water based outdoor adventure activity.

Complete the table provided below with **three** types and **examples** of sport and active leisure activities that would be suitable for teenagers/children with weight problems (from low income families).

Type of activity	Example of activity
Water based outdoor adventure	White water rafting

(6 marks)

Q5a. Identify **three** potential 'barriers' to participation that could affect people with disabilities; then outline **one** way that an organisation could work to overcome each potential barrier identified.

i. Potential barrier _____ (1 mark)

Outline how an organisation could work to overcome the potential barrier

_____ (2 marks)

ii. Potential barrier _____ (1 mark)

Outline how an organisation could work to overcome the potential barrier

_____ (2 marks)

iii. Potential barrier _____ (1 mark)

Outline how an organisation could work to overcome the potential barrier

_____ (2 marks)

(Total marks for Q5a 9 marks)

Q5b. Choose **one** of the employees listed below. Indicate the employee chosen by placing a tick in one of the boxes provided. Then choose an example of a specific population in the space provided.

Employees

A swimming pool attendant in a sport and recreation facility

An assistant instructor in an outdoor activity centre

A gym assistant in a private sector health club

An assistant play-worker on an inner city play-scheme

A sports rep on a holiday caravan site in France

Choose an example of a specific population _____

(6 marks)

Q6c. With reference to how the local authority could improve provision for either children or older people briefly describe **two** ways that on-going support could be provided.

i)

ii)

(4 marks)