

SAMPLE ASSESSMENT MATERIAL

UNIT 2 - ENCOURAGING PARTICIPATION IN SPORT AND LEISURE



Sample assessment material – information for teachers

This assessment is provided as an example. Consortia may use this example and adapt it to meet local requirements or produce their own assessments. In all cases, the assessment section in the unit must be referred to. The assessment guidance section in the unit also provides examples of different contexts and scenarios that Consortia may wish to consider.

Overview

This assessment will focus on two main areas. Firstly there will be an emphasis on the benefits of participating in sport and how participation rates can be improved. Secondly the focus will be on leadership and an examination of different styles and the impact of leadership to increase participation in sport and leisure.

Time

This assessment will take 15 of the 60 guided learning hours available for this unit. Approximately, the following time should be spent on each task:

Task 1 – 5 Hours

Task 2 – 7 Hours

Task 3 – 3 Hours

Resources

Learners will need access to a group of young people who are willing to take part in a participation event. Learners should be supplied with resources relevant to the event which they are planning. Teachers may wish to guide learners as to the type of events they could plan based on the resources available.

Supervision

Learners will need to be supervised while doing tasks all tasks.

Collaboration

Groups will be of two – four learners; the teacher will put learners into groups for this assessment and will advise learners on how to split the work evenly.

Roles

Teachers may play the role of a member of the council Sports Development Unit in order to deliver this assignment and give it context. Part of this role may be to advise learners on the resources available for the participation event in Task 2.

Assessment grid

Learning outcomes	Band 1	Band 2	Band 3
	The learner has:		
	0 to 4 marks	5 to 8 marks	9 to 12 marks
1 Understand the benefits of participation in sport and active leisure	<p>Explained briefly and in basic terms the social benefits of increased, regular and individual participation covering some aspects with limited accuracy.</p> <p>Explained briefly and in basic terms why regular participation helps to sustain lifestyle changes covering some aspects with limited accuracy.</p>	<p>Explained the social benefits of increased, regular and individual participation covering a range of aspects with some accuracy.</p> <p>Explained why regular participation helps to sustain lifestyle changes covering a range of aspects with some accuracy.</p>	<p>Explained in detail the social benefits of increased, regular and individual participation covering a wide range of aspects with accuracy.</p> <p>Explained in detail why regular participation helps to sustain lifestyle changes covering a wide range of aspects with accuracy.</p>
	0 to 3 marks	4 to 6 marks	7 to 9 marks
2 Know the range of methods used to increase participation in sport and active leisure	<p>Described in basic terms traditional methods of increasing participation covering some aspects with limited accuracy.</p> <p>Outlined innovative methods of increasing participation covering some aspects with limited accuracy.</p>	<p>Described a range of traditional methods of increasing participation covering a range of aspects with some accuracy.</p> <p>Outlined innovative methods of increasing participation covering a range of aspects with some accuracy.</p>	<p>Described in detail traditional methods of increasing participation covering a wide range of aspects with accuracy.</p> <p>Outlined innovative methods of increasing participation covering a wide range of aspects with accuracy.</p>
	0 to 4 marks	5 to 8 marks	9 to 12 marks
3 Understand the importance of leadership in increasing participation in sport and active leisure	<p>Explained briefly and in basic terms a range of leadership methods that can be used to motivate potential participants in sport and active leisure covering some aspects with limited accuracy.</p> <p>Given a basic analysis of the role motivation plays when encouraging active participation covering some aspects with limited accuracy.</p>	<p>Explained briefly and in basic terms a range of leadership methods that can be used to motivate potential participants in sport and active leisure covering a range of aspects with some accuracy.</p> <p>Analysed the role motivation plays when encouraging active participation covering a range of aspects with some accuracy.</p>	<p>Explained leadership methods that can be used to motivate potential participants in sport and active leisure covering a wide range of aspects with accuracy.</p> <p>Given a detailed analysis of the role motivation plays when encouraging active participation covering a wide range of aspects with accuracy.</p>
	0 to 4 marks	5 to 8 marks	9 to 12 marks
4 Be able to lead participation events	Limited comparison of different leadership styles on active participation questioning own and others assumptions covering some aspects with limited relevance.	Compared different leadership styles on active participation questioning own and others assumptions covering a range of aspects with some relevance.	Compared a range of different leadership styles on active participation questioning own and others assumptions covering a wide range of aspects with relevance.
	0 to 5 marks	6 to 10 marks	11 to 15 marks
5 Be able to recommend innovative improvements for participation events	<p>Given a basic demonstration of effective leadership adapting behaviour to suit different situations covering some aspects with limited relevance.</p> <p>Made limited recommendations to improve a participation event covering some aspects with limited relevance.</p>	<p>Demonstrated effective leadership adapting behaviour to suit different situations covering a range of aspects with some relevance.</p> <p>Made recommendations to improve a participation event covering a range of aspects with some relevance.</p>	<p>Demonstrated relevant effective leadership adapting behaviour to suit different situations covering a wide range of aspects with relevance.</p> <p>Made a range of detailed innovative recommendations to improve a participation event covering a wide range of aspects with relevance.</p>

Sample assessment material – information for learners

Overview

In this assessment you will focus on two main areas. Firstly you will look at the benefits of participating in sport and how participation rates can be improved. Secondly you will focus on leadership and examine different styles and the impact of leadership in increasing participation. The tasks have been identified below:

Task 1 – Report

Task 2 – Practical demonstration

Task 3 - Report

Time

This assessment will take 15 of the 60 guided learning hours available for this unit. Approximately, the following time should be spent on each task:

Task 1 – 5 Hours

Task 2 – 7 Hours

Task 3 – 3 Hours

Collaboration

Groups will be of two – four students; the teacher will put pupils into groups for this assessment and will advise learners on how to split the work evenly.

Roles

You are assisting the sports development team to develop a report. You will then organise an event and coach during a tournament.

Assessment Brief

“Participating in sport can improve the quality of life of individuals and communities, promote social inclusion, improve health, counter anti-social behaviour, raise individual self-esteem and confidence, and widen horizons.” (sportscotland, 2003, p7)

With this in mind you will be assisting the sports development team of Local Council within the Sports Development unit. You will write a report on the benefits of sport to Primary schools in the local area. With health related problems linked to obesity on the rise the government are keen to stop the decline in the nation’s health. Firstly the benefits will be discussed and as a follow on from this a report will be compiled that will highlight both traditional and innovative new methods to improve participation. The target market will again be younger children as they are seen as vital for the future of the countries long term health objectives this ties in with Sport England and Department for Culture Media and Sport target of increasing sports participation by 1% year on year in the lead up to 2012.

Leadership within sport is also seen as key to improving sports participation. According to the Department for Education, the PE and school sport strategies will be most effective when “they form part of a whole school approach to improving leadership skills”. With this in mind you will demonstrate how leadership can contribute to the motivation of those taking part in sport. You will demonstrate leadership and be able to distinguish between the different styles and then be able to provide recommendations on for the future when looking at the effectiveness of each method.

Task 1

You have been asked to produce a report that will explain various different leadership methods that can be used to motivate participants or athletes in Sport.

Your report should contain an analysis of the role of motivation when encouraging participation and the social benefits of increased regular individual participation and an explanation of why regular participation helps sustain lifestyle changes.

(LO3/AC1a/ACb)

You are to come up with ideas on how to get people involved in sport by looking at improving existing methods or coming up with new ideas. (LO2/ACa/ACb)

This report must be no longer than 6 sides of A4

Task 2

Working in a small team you have been assigned to help organise a sports tournament for a group of children which encourages participation from all involved. Within this your specific role is to demonstrate leadership adapting behaviour to suit different situations. This will be assessed by your tutor (LO4/ACa)

Task 3

Following on from the tournament you will produce a report that compares the impact of different leadership styles on active participation. You will need to identify improvements you could make the next time you plan a tournament that would benefit others by making recommendations.

(LO5/ACa/ACb)